

THE SIX DIMENSIONS OF C.H.A.N.G.E.

The Six Dimensions of C.H.A.N.G.E. is a proven success formula that you can apply to your own life, regardless of what you want to achieve, in order to accomplish any goal. With the right strategy, just about anyone can go after what they want and attain the results they desire. However, when it comes to sustaining and enjoying that success, it takes true character to get the job done. This is the foundation upon which *The Six Dimensions of C.H.A.N.G.E.* has been established.

The Six Dimensions of C.H.A.N.G.E. will empower you to discover who you truly are and experience amazing success as a natural result of living a life filled with passion and purpose.

CLARITY- HABIT - ACTION - NEVER GIVE UP - GRATITUDE - ENTHUSIASM

Clarity begins with knowing what you really want and who you must become in order to have it. Then you must form the **Habits** that will empower you to become the person you envision. The **Actions** you take will bring about the results you are after. Then you must learn to **Never Give Up**, no matter what, until you accomplish your goals. Finally, developing an attitude of **Gratitude** and **Enthusiasm** ensures your enjoyment of all the good that comes into your life.

These are *The Six Dimensions of C.H.A.N.G.E.* that I have discovered as a result of a determined lifetime search. Apply the Six Dimensions to your daily activities in order to enjoy increased success and fulfillment in your own life.

CLARITY: A ROADMAP FOR MAKING YOUR GOALS A REALITY

When you develop a clear understanding of the direction you're heading, you become much more effective overall.

Self-Image - This is how you define yourself. You must become clear about the person you want to be, seeing yourself as worthy of having all the success you can imagine.

Roles - It is imperative that you understand your roles, as well as those of the people around you. Take into consideration specific purposes and desired outcomes.

Actions – Consistently gain clarity around exactly what you need to do, then DO IT!

Results – Knowing precisely what results you want to achieve will help to guide your actions in the right direction.



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HABIT: YOUR INTERNAL CRUISE CONTROL

The habits that got you where you are today are not going to get you where you want to get in the future. Habits can actually be positive, negative or neutral. Here's an example of each:

Positive - Setting goals for your day each morning.

Negative - Eating fast food for every meal.

Neutral - Putting your left sock on before your right sock every morning. Does it really have any sort of impact on your life? No.

Truly successful people focus on filling their lives with positive habits and minimizing negative ones.

ACTION: STEP ON THE GAS

It might seem obvious that you need to take certain actions to get where you want to go. However, *focused* action is where many people fall short. Don't allow yourself to get caught up in just being "busy," but really work on increasing the effectiveness of your time and energy.

NEVER GIVE UP: THE SECRET FORMULA FOR SUCCESS

The people who never give up are consistently focused on what they want and will stop at nothing to have it. There are few things more fulfilling than consistently working toward a goal and achieving it, so concentrate on the end result and don't give up until you get there.

GRATITUDE: SUCCESS BEGINS WITH APPRECIATING WHAT YOU HAVE

Gratitude has a tendency to multiply and take on a life of its own. Simply start by focusing on one thing that you appreciate, and you will quickly become aware of many, many more. Being grateful for what you have will help set you up for success as you start to see the world in a more positive light. Obstacles transform into learning opportunities and you appreciate the journey toward your goals, bumps and all.

ENTHUSIASM: THE FUEL THAT KEEPS YOUR ENGINE BURNING

Every person is enthusiastic about *something*, no matter how shy or reserved we may seem about other things in our lives. Channel that enthusiasm and apply it to everything you do. This creates a flow of positive energy that will help to keep you moving relentlessly in the direction of your ambitions.



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